

# How Can I Help?

Each CPAP machine you can donate will have a life-changing impact on a baby, a family, and a community

Your monetary donation of any amount will greatly help us in our efforts to donate six CPAP machines this year. Thank you for your consideration.

+ Donate online at [donate.ican2.org](http://donate.ican2.org)

+ Make checks payable to "ICAN" and mail to:

✉ **ICAN**

532 Valley Way  
Milpitas, CA 95035

Website Address:  
<http://www.ican2.org/>

✉ For inquiries in English please contact:

**Aileen Nguyen**  
(415) 683-3334  
[aileen.nguyen@ican2.org](mailto:aileen.nguyen@ican2.org)

✉ For inquiries in Vietnamese please contact:

**Ivy Nga Vuong**  
(408) 605-6366  
[ivy.vuong@ican2.org](mailto:ivy.vuong@ican2.org)



Founded in April 2000, International Children Assistance Network (ICAN) is a community-based non-profit organization in San Jose, California with programs serving Vietnamese children and families in the Bay Area and in Vietnam. Our programs aim to create strong family and community networks to provide the children with skills, confidence and opportunities to succeed in life.

In the San Francisco Bay Area, ICAN builds stronger communities through a variety of programs from educational parenting workshops to cultural community events to engage youth. ICAN is one of the few, if not the leading, Vietnamese American agency focusing on Vietnamese American children and youth. Happy 5 (Nuoi Day Tre Vui Manh) is ICAN's flagship program in the US. The project was launched in August 2003 with seed funding from Southeast Asian Resource Action Center to hold parenting workshops for Vietnamese parents, grandparents and care providers with children aged 0-5.

Our focus abroad is to provide funding for carefully selected programs that promote health, education and the prevention of human trafficking. The ICANDream flagship program began in Van Hanh Village with the sponsorship of 250 orphans and underprivileged children to stay school. By providing the children the means for a basic education, the children have a greater chance breaking out of the poverty cycle. ICAN is also active in fundraising for disaster relief efforts.

ICAN is a 501(c)(3) non-profit organization and all donations are tax-deductible.



International Children Assistance Network

# Breath of Life





Over 20,000 premature babies die every year in Vietnam due to the inability to breathe air into their lungs or respiratory distress. These deaths can be prevented with a Continuous Positive Air Pressure (CPAP) machine, which prevents brain damage and lung collapse by providing ventilation and oxygen to weak babies unable to breathe on their own. The CPAP device is readily available in every US hospital but missing in many underprivileged Vietnam medical facilities.

## Partnership to Save Lives

Between 2005 and 2009 the East Meets West Foundation's Breath of Life neonatal healthcare program provided hospitals in Vietnam with 450 CPAP machines that treat more than 15,000 infants per year. Since 2005 the International Children Assistance Network (ICAN) has been collaborating with the East Meets West Foundation (EMW) to help bring CPAP machines and training to hospitals in Vietnam.

ICAN successfully raised funds to donate 8 CPAP machines in 2009, 6 machines in 2010 and aims to donate at least as many in 2011. Help us reach the goal by donating today.



## How We Distribute CPAP Machines

CPAP machines are distributed to hospitals based on urgent need criteria determined by the following factors:

- Amount of total patients requiring CPAP. This data changes over time for several reasons. For example, as hospitals gain expertise in the treatment, neighboring districts start transferring more patients in and the hospitals find higher demand for the machines.
- Age of the machines. CPAP devices distributed in 2004-2005 have wear and tear and must be replaced with new, more durable devices.
- Growing success with treating smaller babies means that the CPAP machines are used for longer periods of time (up to 15 days/patients) as the smallest babies require more time to recover. This also limits the capacity of the hospital to intervene in new emergencies.



## The Impact of Your Donations

Your ICAN donations toward CPAP machines can be tracked to specific hospitals in Vietnam. 2010's donations reached the following hospitals in need:

- ★ 2 Can Tho Pediatric Hospital
- ★ 1 each in 2 referral district hospitals of Ca Mau Province
- ★ 1 in Gia Lai provincial hospital
- ★ 1 in Bac Ninh provincial hospital

2010's Donations Reached the Following Provincial Hospitals in Vietnam:

